Los Angeles Jewish Community

# RESOURCE GUIDE





# 2025 JEWISH COMMUNITY RESOURCE GUIDE

### **ADDICTION SERVICES**

Whether you are interested in residential or outpatient help, counseling or a 12-step approach, the first step to take in dealing with addiction is to call one of these community partners.

### Aish Tamid of Los Angeles

(323) 634-0505

Drop-in center, crisis intervention, and career guidance for at-risk young adults ages 14-28. aishtamid.org

#### Beit T'Shuvah (310) 204-5200

Jewish residential and outpatient addiction treatment and prevention programs. beittshuvah.org

#### **Chabad Residential Treatment Center** (323) 965-1365

Comprehensive residential treatment center for men suffering from substance abuse, chabadrehab.com

### Didi Hirsch (888) 807-7250

Integrated substance use and mental health services for teens and adults, didihirsch.org

### Rainbow Hill Recovery

(310) 341-4887

A mental health and substance use disorder outpatient facility provided by queer people for queer people treating individuals for a variety of substances, as well as mental distress. rainbowhillrecovery.com

### **COUNSELING & FAMILY SERVICES**

From counseling services to programs for youth at risk, there is a wide range of services for individuals and families in need.

### Aish Tamid of Los Angeles

Drop-in center, crisis intervention, and career guidance for at-risk young adults ages 14-28. Community Educational Resource Center provides academic planning and career quidance for nontraditional students. aishtamid.org

### Aviva Family and Children's Services (323) 876-0550

Provides mental health and social services for at-risk children, teens, and their families; foster care and adoption; and transitional housing for females 18-24. aviva.org

#### Chai Lifeline (877) 374-6331

Services for Jewish children with serious illnesses and their families including hospital support, counseling, camps, and family programs. chailifeline.org/westcoast

### **Jewish Family Service**

### Counseling Services/ Jewish Family (877) 275-4537 Service Central Access Warm Line

Professional therapists provide counseling and mental health intervention for children, teens, adults, survivors of violence, couples, and families. jfsla.org/our-services/mentalhealth/

#### Domestic Violence Program/ (323) 681-2626 or **Jewish Family Service Hotline** (818) 505-0900

24-hour crisis hotline, emergency shelters, transitional housing, comprehensive counseling, and education and prevention outreach. jfsla.org/our-services/domestic-violence

#### Gateways Hospital & Mental Health Center (323) 644-2000

Mental health care for children, youth, and adults, serving both funded and non-funded clients. gatewayshospital.org

## **Jewish Big Brothers Big Sisters**

(818) 957-4900

# of Los Angeles

jbbbsla.org

### Camp Bob Waldorf

Jewish and secular residential camp for youth to foster growth and development in a fun, safe, and nurturing environment.

### Teen Programming

Workshops, tailored camp experiences, and support that empowers teens to navigate their changing lives with confidence.

### College Guidance Program

Guidance scholarships and services to help youths in JBBBS programs reach their higher education goals.

### **Jewish Community Mental Health Initiative**

Free support groups for Jewish adults, resources on Jewish identity and mental wellness, as well as webinars for professional and community members. jcmhi.com

#### JKidLA/Builders of Jewish Education (323) 761-8624

Listings and referrals for Jewish education, including day schools, preschools, complimentary schools and residential camps. bjela.org/jkid

### JQ Helpline/JQ International

(855) 574-4577

Referrals and supportive assistance for LGBTQIA+ Jews, their families, and allies, including monthly support groups. iginternational.org

### **Maple Counseling Center**

(310) 271-9999

Providing low-cost, comprehensive mental health services to individuals of all ages, couples, and families. maple4counseling.org

### **NAMI West Los Angeles**

(310) 889-7200

Provides resource navigation, peer and family support groups, and short-term counseling. namiwla.org

### Teen Talk App

Critical lifeline for teens that provides social and emotional support. teentalkapp.org

### Vista Del Mar Child and Family Services (310) 836-1223

Improves the mental health and well-being of children and families through education, mental health, autism, adoptions and early intervention services, vistadelmar.org

### **CLOTHING AND ITEM DONATIONS/LOANS (G'MACH)**

Whether you want to borrow a piece of medical equipment, donate furniture, or need gently-used clothes for your family, call these community partners.

### BTS Thrift Boutique/Beit T'Shuvah

Clothing, furniture, and houseware donation center and thrift store located at 1422 La Cienega Blvd. Los Angeles, CA 90035 btsthriftstore.com

### Medical Equipment Loan/Bikur Cholim

Hospital beds, nebulizers, wheelchairs, other medical equipment, and sickroom supplies can be borrowed free of charge. bikurcholim.org/medical\_equipment

#### (323) 655-3111 National Council of Jewish Women/LA

Find Council thrift shops, clothing vouchers, clothing, furniture, and house ware donation center and thrift here. ncjwla.org/the-council-shop

### Tomchei Shabbos Second Chance Furniture (323) 851-1000

Furniture donation program to help in transforming living spaces and enhancing the quality of life for individuals and families in need. tomcheila.org/programs

### One Of A Kind (OOAK) Clothing

Stylish clothing at nominal fees. tomcheila.org/programs

### **EMPLOYMENT**

If you need help with resume writing, job training, ESL classes, Associate Degree programs, and so much more, you'll find it here.

### **JVS Socal**

JVS SoCal WorkSource Centers

(310) 309-6000 West L.A.: (323) 241-5016 South L.A.: (213) 742-9560 Veterans: Antelope Valley (Lancaster): (661) 726-4128 Palmdale: (661) 265-7421

Comprehensive employment and training services to job seekers at no cost. jvs-socal.org/ajcc-worksource

### The Ezra Network (310) 622-3844

Independent job search skill development, placement support, and career counselors. jvs-socal.org/ezra-network

### JobLink/Tomchei Shabbos

(323) 851-1000

Comprehensive job placement, resume assistance, networking, interview preparation, and career coaching. tomcheila.org or joblinkla@touchofkindness.org

### LA ORT CollegeCity

(323) 966-5444

Provides certification training in STEM and helps students master useful skills based in Science, Technology, Engineering, and Mathematics. laort.edu

### FINANCIAL ASSISTANCE/ **SCHOLARSHIPS**

If you need financial assistance or are looking for scholarships, call one of these organizations. Geri & Richard Brawerman (323) 761-8116

### Leadership Institute / JFEDLA

Need-based leadership fellowship for Jewish students starting college that includes a \$10,000 annual scholarship. <a href="mailto:iewishla.org/program/teens/brawerman-">iewishla.org/program/teens/brawerman-</a> <u>fellowship</u>

### **Jewish Free Loan Association**

(310) 735-4911

Zero-interest loans for students, small businesses, emergencies, healthcare, special needs, lifecycle events, etc. ifla.org

### **Jewish Los Angeles Special Needs** (310) 773-9728 **Trust & Services**

Legal trust set up for a person with a disability, usually for the purpose of protecting both their means-tested government benefits and any assets they might inherit.

# Marks Endowment Scholarship/ Nuroots@JewishLA.org

Long term immersive experiences in Israel, graduate school, fellowships, and semesters abroad, with individual awards up to \$5,000. nuroots.org/scholarships

#### **Jewish Family Service Central Access** (877) 275-4537

Case management for all with a social worker to gain resources and create a plan towards self-sufficiency ifsla.org

#### Ezra Network (844) 255-3972

Access one-on-one sessions with a social worker, legal counselor, or job counselor, who will facilitate a variety of jewishla.org/program/ezra-network resources.

### National Council of Jewish Women

(323) 852-8500

# LA Cash for Learning Direct cash assistance for low to moderate income

females who are single or head of household with families in Los Angeles. Awards range from \$1,000 - \$3,000 based on fees or tuition amount. ncjwla.org/resources/

### Clothing Assistance Program (CAP)

Supports individuals and families living under or near the poverty line by providing gift cards that can be redeemed for clothing, shoes, and accessories. Gift cards can be used at any of the Council Shops.

ncjwla.org/resources/clothing-assistance-program-cap

### Health Equity Guaranteed Income Program

Supports working female heads of household, who receive care from MLK Community Healthcare or Cedars-Sinai Medical Center, who have diabetes and who earn between 30% and 80% of the Area Median Income. ncjwla.org/resources/healthequity

### Pregnancy Assistance Income with Dignity (PAID)

PAID will enroll 300+ pregnant participants. Half will get \$1,000 per month, and half will get \$20 per month for 18 months, with equal access to all services.

### ncjwla.org/resources/paid **One Happy Camper**

(323) 761-8062

### **Foundation for Jewish Camp**

Grant of up to \$1,500 off campers' first summer at Jewish overnight camp. onehappycamper.org

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Sam Rosenwald Scholarship / JFEDLA Nuroots@JewishLA.org

Travel programs, conferences, and retreats. Rosenwald fellows can receive up to \$2,000 in awards.

nuroots.org/scholarships

Scholarship Program JVS SoCal (323) 761-8888

Provides qualified Jewish students whose primary residence is in the Greater Los Angeles area with need-based financial aid. jvs-socal.org/jvs-scholarship-program

Ziegler Israel Experience Scholarship/Fedapplication/JFEDLA

Fedapplication@JewishLA.org

A need-based youth travel scholarship for families of teenagers seeking additional financial support to travel to Israel over the summer with a youth program. jewishla.org/program/teens/israel-experience-grants

### **FOOD AND NUTRITION**

The community partners listed below provide food assistance ranging from groceries to meals and more.

Aaron's Pantry Chabad of Northridge (818) 368-3937

Providing packaged Kosher meals year round to individuals in the West Valley who are ill, homebound or require food support. Jewish Family Service (323) 937-5843

**Senior Dining Centers** 

Neighborhood dining centers are open for a nutritious lunch Monday through Friday at 13 locations throughout L.A. ifsla.org/program/dining-centers

**Senior Nutrition Program** 

(323) 937-5852 Home-delivered nutritious hot and frozen kosher meals

for home-bound seniors and people with diverse abilities. ifsla.org/program/home-delivered-meals

SOVA Food Pantry (818) 988-7682

Ensuring the community has access to fresh, healthy groceries, essential personal care items, and connections to additional resources that can support you and your family. ifsla.org/program/sova/

SOVA Valley 16439 Vanowen Street Van Nuys, CA 91406 SOVA West 8846 West Pico Blvd. Los Angeles, CA 90035 Food Program / Tomchei Shabbos (323) 851-1000

Weekly or monthly kosher food, groceries, or store credit coupons among a variety of other resources. tomcheila.org/programs

### **IMMIGRANT RESOURCES**

Whether you say "Hello" in Farsi (مر حبا), Russian (Здравствуйте) or Hebrew (שלום), these partners provide culturally sensitive services to immigrants in need.

(323) 939-0506 **Bet Tzedek Legal Services** 

Connects undocumented children with legal guardians to ensure safety and prevent foster care placement. Assists with Special Immigrant Juvenile Status, asylum, and other relief to help them stay safely in the U.S.

bettzedek.org/our-services/justice-for-families-children

Hebrew Immigrant Aid Society (HIAS) (800) 442-7714 HIAS provides vital services to refugees and asylum seekers around the world and advocates for their fundamental rights so they can rebuild their lives. hias.org

### **IRANIAN RESOURCES**

شماره های زیر با ما تماس بگیرید براي زبان فارسى لطفا با

**Cross Cultural Expressions** 

(818) 860-1223

Sliding scale counseling in Farsi, Hebrew, Russian, and English. Specialized mental health support for Persianspeaking older adults and caregivers. The Iranian Peer Counseling Helpline offers free, confidential support and referrals from trained volunteers.. <a href="mailto:cceccc.org/index.php">cceccc.org/index.php</a> Iranian American Jewish Federation

(323) 654-4700

An organization dedicated to the needs of Iranian Jews in Los Angeles, iajf.org

Persian Pride Fellowshi /JO International (323) 417-2627

A 9-month leadership development fellowship for LGBTQIA+ and ally Persians to gain the skills, resources, knowledge, leadership, and inspiration with which to directly impact LGBTQAI+ inclusion, education, and equality in the Persian community at large. iginternational.org

### **ISRAELI RESOURCES**

לעזרה בעברית, התקשר המספרים הבאים

Israeli American Council losangeles@israeliamerican.org Offers enriching and innovative programming: from

educational activities for children and teens to cultural initiatives on college campuses, as well as training and empowerment of community leaders and activists. iac360.org

Israeli Consulate (323) 852-5577 Services for Israelis in need living in or visiting L.A.

embassies.gov.il/la

Stand by Me (818) 664-4100

Provides emotional and physical support to Jewish-Israeli-American cancer patients and their families. standbymela.org

### RUSSIAN RESOURCES

За помощью по-русски, звоните по этим номерам

Chabad Russian Immigrant Program (323) 848-2999

Dedicated solely to helping the Russian newcomers feel at home in the mainstream of American Jewry, providing a variety of resources to the Russian Jewish community in Los Angeles. <a href="mailto:chabadrussian.com/templates/articlecco\_cdo">cdo</a> aid/356119/jewish/Programs.html

### **INCARCERATION SERVICES**

Incarcerated Jews and their families should contact the partners below for support and advocacy during incarceration and after. Aleph Institute Alternative Sentencing

Works to craft, present, and implement alternative sentencing proposals, when invited to do so by clients and their defense counsel.

aleph-institute.org/programs/alternative-sentencing

Family Support Services

Devoted to helping families affected by the incarceration of a loved one through spiritual, emotional, and financial support. aleph-institute.org/programs/family-services

**Prison Program** 

Provides vital family support and reaches out to inmates to help ease their isolation, and provides them legal backing when miscarriage of justice is apparent. aleph-institute.org/programs/prison-programs

Reentry Program

Comprehensive referral service designed to support individuals transitioning from correctional facilities back into society. aleph-institute.org/programs/reentry-services

Alternative Sentencing/Beit T'Shuvah

310-204-1424

Advocates on behalf of those with drug and alcohol-related crimes to enter rehabilitation instead of incarceration. beittshuvah.org/treatment/alternative-sentencing

### **LEGAL SERVICES**

For free legal services, call the organizations below.

**Bet Tzedek Legal Services** (323) 939-0506

Free legal counsel including housing, debtors' rights and bankruptcy, quardianships and conservatorships, employment rights, and government services. bettzedek.org

Harriett Buhai Center for Family Law (213) 388-7515

Protects victims of domestic violence and improves the well-being of children living in poverty. With the help of volunteers, the Center provides free family law assistance and legal education to the poor. hbcfl.org

**Jewish Divorce Assistance Center** 

(323) 473-5222

of Los Angeles

Provides support and guidance through Jewish divorce, as well as free mediation services. idacla.org

### **MEDICAL SUPPORT SERVICES**

When you or your loved ones are facing a health crisis, you are not alone. These community partners can provide a host of services to offer physical, financial, and emotional support. Bikur Cholim /

Jewish Healthcare Foundation

Services for Jewish families with serious illness including short-term housing during treatment, medical referrals, and free equipment loans, bikurcholim.ne

Brandman Centers for Senior Care (855) 227-3745 Program of All-Inclusive Care for the Elderly (PACE)/

Los Angeles Jewish Home

Comprehensive medical care for nonresident seniors including primary medical care, transportation, rehabilitation, and home health. brandmanseniorcare.org/services

Chai Lifeline (310) 274-6331

Services for Jewish children with serious illnesses and their families including hospital support, counseling, camps, and family programs. chailifeline.org/region/westcoast#programs

GeneTestNow (844) GENE-TEST / (844) 436-3837

Raising awareness about Jewish genetic diseases, to educate the Jewish community about the importance of genetic screening, and to facilitate connections with healthcare providers throughout the community. GeneTestNow.com

Jewish Free Burial / Jewish Family Service (877) 275-4537 Financial assistance with Jewish burial upon qualification. jewishla.org/program/burial-assistance/

Jewish Healing Center Los Angeles

(310) 277-1550

Hospice services, spiritual care, bereavement and funeral services. jhcla.org

Sharsheret (310) 409-2330

Free resources, service subsidies, genetic counseling, and support for Jewish/Israeli families facing breast cancer, ovarian cancer, and BRCA risk, before, during, and after diagnosis. Sharsheret.org

Skirball Hospice / Los Angeles Jewish Health (877) 774-3040 Hospice and palliative care for individuals facing a chronic disease or terminal illness. Providing chaplaincy, bereavement support, and counseling for those affected by terminal illness. skirballhospice.org

Stand By Me (818) 664-4100

Supportive services including meals, support groups, counseling, transportation, and more, offered in Hebrew for Israelis with cancer. standbymela.org

VITAS Healthcare (833) 345-1417

Certified Jewish chaplaincy and palliative care for individuals facing terminal illness and continued support for bereaved families. vitas.com/care-services/therapyemotional-and-spiritual-care/iewish-care

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# SENIORS AND HOLOCAUST SURVIVORS

The community partners below can help older adults, including Holocaust survivors, age in place through a variety of services and programs.

Elder Law/Bet Tzedek Legal Services (323) 939-0506

Free elder law services and assistance with conservatorships, elder abuse, and family caregiver rights. <u>bettzedek.org</u>

In Home Care (JFS Care) / (213) 383-2273

Private homecare and care management. <u>ifsla.org/program/in-home-care-jfs-care</u>

**Jewish Family Service** 

Arts and Wellness (877) 275-4537

Offers engaging wellness activities for older adults from personalized fitness classes to educational and arts activities, social events, and more at various centers across Los Angeles. jfsla.org/program/arts-wellness/

BAR Center at the Beach (877) 275-4537

Located at 201 Ocean Front Walk in Venice Beach, BAR Center offers a range of services and activities for community members aged 55+ and over. <a href="mailto:jfsla.org/senior-and-multipurpose-centers/bar-center-at-the-beach">jfsla.org/senior-and-multipurpose-centers/bar-center-at-the-beach</a>

Holocaust Survivor Program City: (323) 937-5900 Valley: (818) 984-1380

Services for Holocaust survivors including Café Europa and Café Shalom social clubs, care management, counseling, in-home supportive services, assistance with reparations, financial assistance, and more.

jfsla.org/program/survivors-of-the-holocaust

Holocaust Survivor Services / (323) 549-5883 Bet Tzedek Legal Services

Free legal support to Holocaust survivors applying for reparations, pensions, and other benefits. <u>bettzedek.org</u>

Los Angeles Jewish Health (855) 227-3745 Independent or assisted living, memory care, social

activities, and complete care services. <u>lajhealth.org</u>

Menorah Housing Foundation (310) 475-6083

Affordable independent-living apartment rentals for lowincome seniors. menorahhousing.org

Senior Centers & Comprehensive (323) 937-5900 Services / Jewish Family Service

Centers offer care management, meal programs, health and wellness, mental health services, transportation, in-home support, home safety modification, multipurpose senior services program (MSSP), and more. Financial pre-screening for Jewish free burial. <a href="mailto:ifsla.org/our-services/aging">ifsla.org/our-services/aging</a>

Felicia Mahood Multipurpose Center

11338 Santa Monica Blvd. Los Angeles, CA 90025

Jona Goldrich Multipurpose Center

330 N Fairfax Ave. Los Angeles, CA 90036

Valley Storefront Senior Center

12821 Victory Blvd. North Hollywood, CA 91606

West Hollywood Comprehensive Service Center

7377 Santa Monica Blvd. West Hollywood, CA 90036

Skirball Hospice / (877) 774-3040

Los Angeles Jewish Health

Palliative care, counseling and bereavement support for people and their families facing a terminal illness. skirballhospice.org

# SPECIAL NEEDS/ DISABILITY SERVICES-CHILDREN

The community partners listed below provide help to children with diverse intellectual and developmental needs, as well as support to the families who love them.

Children with Disabilities Loan / (323) 761-8830

**Jewish Free Loan Association** 

Interest-free loans of up to \$10,000 for diagnostic expenses, behavioral supports, and more. <a href="mailto:ifla.org">ifla.org</a>

Friendship Circle

Provides social, recreational, and educational opportunities to Jewish children and teens with special needs and their families

Conejo Valley Friendship Circle (818) 865-2233

friendshipcircleca.org

Friendship Circle by the Sea (310) 454-7783

(Pacific Palisades) fcpalisades.org

Friendship Circle of Los Angeles (310) 280-0955

fcla.org

Friendship Foundation of the South Bay (310) 214-6677 gotfriends.com

(818) 508-6633

Valley Friendship Circle (Studio City) valleyfriendshipcircle.com

Hand in Hand / (310) 456-2178

Malibu Jewish Center & Synagogue

Inclusion program that integrates youth of all abilities with mainstream peers in an after-school social program.

mics.org/community/hand-in-hand

JBI International (800) 433-1531

(formerly Jewish Braille Institute)

Free Braille, large-print and audio publications of Jewish cultural, liturgical, and educational material from the Jewish Braille Library. Available in English, Russian, Yiddish, Hebrew, Romanian, Hungarian, and Spanish. jbilibrary.org

OurSpaceLA / Valley Beth Shalom (818) 788-6000

This program offers a full range of learning, social, and spiritual Jewish experiences through weekly Hebrew school for students with special needs, as well as a support network for families of individuals with special needs. <a href="https://www.vbs.org/ourspacela">vbs.org/ourspacela</a>

Special Needs Life Skills / (877) 275-4537 Jewish Family Service

One-stop referral service and support services for Jewish families with children with special needs.

jfsla.org/program/specialneedslifeskills

The Miracle Project (213) 793-5495

Fully inclusive theater, film, and expressive arts program focused on building communication, self-esteem, job, and social skills for individuals with autism and all abilities – speaking and non-speaking, themiracleproject.org

Vista House of Lovingkindness / (310) 836-1223 ext. 209 Vista Del Mar

Offers religious, cultural, and arts programming for children with autism and other special needs. vistadelmar.org/about/vista-house-of-lovingkindness

Yachad (310) 229-9000 ext. 006

Inclusive Jewish social, recreational and educational programs for kids and adults with developmental

disabilities. <u>vachad.org/losangeles</u>

# SPECIAL NEEDS/ DISABILITY SERVICES-ADULTS

The community partners listed below provide an array of services and programs for adults with special needs and their caregivers.

Adult Day Programs / ETTA (818) 985-3882

Community-based adult day programs in the city (Isak Boruchin Adult Day Program) and in the Valley (Conejo Day Program). etta.org/adult-day-programs

Disability and Assessment Services / (888) 216-7022 JVS SoCal

Comprehensive vocational evaluations of individuals with disabilities. <a href="mailto:jvs-socal.org/disability-and-assessment">jvs-socal.org/disability-and-assessment</a>

Conservatorship Services / (323) 939-0506

Bet Tzedek Legal Services

Provides assistance to those seeking a conservatorship and powers of attorney for adults with special needs. bettzedek.org

Ezra Vocational Training / (310) 476-8571

Camp Ramah in California

A 4- or 8-week vocational training program for young adults with special needs. <a href="mailto:campramah.org/tikvah-vocational">campramah.org/tikvah-vocational</a>

JBI International (800) 433-1531

(formerly Jewish Braille Institute)

Free Braille, large-print and audio publications of Jewish cultural, liturgical and educational material from the Jewish Braille Library. Available in English, Russian, Yiddish, Hebrew, Romanian, Hungarian, and Spanish.

Jewish Deaf Community Center (212) 677-0368

A central resource for deaf, hard of hearing persons, and the community at large. <a href="mailto:idcc.org">idcc.org</a> or <a href="mailto:idcc.org">idcc.o

Life Skills Program /Jewish Family Service (877) 275-4537 Weekly activities to adults with special needs where participants embark on a journey of personal growth, skill

development, and social confidence. ifsla.org/program/specialneedslifeskills

Los Angeles Jewish Abilities Center (323) 761-8105 (LAJAC) /JFEDLA

Case management services for Jewish adults with special needs and their families.

jewishla.org/program/los-angeles-jewish-abilities-center-lajac

The Miracle Project for Adults / (213) 793-5495 The Miracle Project

Socialization program for adults with disabilities using Jewish music, dance, and storytelling. <u>themiracleproject.org</u>

Residential & Independent Living / ETTA (818) 985-3882
Residential, independent, and supported living for adults

with special needs, as well as recreational programs. etta.org/housing-services

Shemesh Farms Employment Program / Shalom Institute Social enterprise venture that provides employment and internship opportunities for young adults with special needs. shemeshfarms.com

If you or someone you know lives out of reach of these services, please visit <u>ifna.org</u> for more information.

# O U I C K G U I D E

# ONE-STOP REFERRALS

When you don't know where to start, you can call a single number that opens the door to all kinds of support and information.

211 Government and Community Services Line 211LA.org

# Bet Tzedek Legal Services (323) 939-0506

Free legal counsel including housing, debtors' rights and bankruptcy, guardianships and conservatorships, employment rights, elder rights, and government services. bettzedek.org

# Central Access Line/ (877) 275-4537 Jewish Family Service

One-stop connection to community resources, government resources, food resources, mental health support, and so much more. <a href="mailto:ifsla.org">ifsla.org</a>

## Jewish Free Loan Association (310) 735-4911

Zero interest on loans- qualifications and criteria on their website. <a href="mailto:ifla.org">ifla.org</a>

### JKidLA/BJE (323) 761-8624

Listings and referrals for Jewish education, including day schools, preschools, complimentary schools and residential camps. <u>bjela.org/jkid</u>

# JQ Helpline/JQ International (855) 574-4577

Referrals and supportive assistance for LGBTQAI+ Jews, their families, and allies. <u>iginternational.org</u>

### JVS SoCal (323) 761-8888

Comprehensive employment and training services to job seekers at no cost, helping to connect you to employers and training providers. jvs-socal.org



JFEDLA addresses the greatest challenges of Jewish life — locally and globally. Today's world is complicated, but thanks to your help, we care for our most vulnerable and ensure the Jewish future for generations to come.

That is community in action.

# Los Angeles Jewish Abilities Center (323) 761-8105 (LAJAC)/JFEDLA

Provides individuals with intellectual/developmental disabilities and their families with access to the resources and tools they need to live meaningful, purposeful, and Jewish lives.

jewishla.org/program/los-angeles-jewish-abilitiescenter-lajac

### SOVA Food Pantry/Jewish Family Service (818) 988-7682

Ensuring the community has access to fresh, healthy groceries, essential personal care items, and connections to additional resources that can support you and your family.

jfsla.org/program/sova

# Maple Counseling Center (310) 271-9999

Providing low-cost, comprehensive mental health services to individuals of all ages, couples, and families. <u>maple4counseling.org</u>

### NAMI West Los Angeles (310) 889-7200

Provides resource navigation, peer and family support groups, and short-term counseling. <a href="mailto:namiwla.org">namiwla.org</a>

### **EZRA NETWORK**

One-on-one sessions with a social worker, legal counselor, or job counselor who can facilitate government benefits applications, employment training, legal support, mental health counseling, and so much more for the Jewish community. <a href="mailto:jewishla.org/ezra">jewishla.org/ezra</a>

 Social Workers:
 (844) 255-3972

 Job Counselors:
 (323) 549-5872

 Legal Counselors:
 (310) 622-3844

JewishLA.org 6505 Wilshire Blvd Los Angeles, CA 90048 (323) 761-8000

JFEDLA's Caring for Jews in Need strategic initiative prepared this resource guide in order to support our community. As the convener of the community we serve, The Jewish Federation is honored to work with a variety of organizations to meet needs, provide engagement opportunities, and ensure the Jewish future we share.

Community Call Line: (855) JFED-HLP (855) 533-3457

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